

Atriplex nummularia (Old Man Saltbush)

Old Man Saltbush is a familiar sight over large areas of the dry inland of Australia. It is a sprawling grey-blue shrub, up to 3 meters high and sometimes spreading to 5 meters wide. It is a long living plant, growing strongly after periods of summer rain, when it grows long tassels of flowering seed heads. In old times indigenous Australians mostly collected the minute saltbush seeds to grind and roast for damper. The large fresh or blanched Saltbush leaves can be used as a wrap around meat or fish, in salads or as a leafy bed for grilled meat or vegetables. The dried Saltbush flakes are a wonderful addition to bread, grills, pasta and as a pot herb.



Type: Shrub to 3m
Aspect: Full Sun
Soil: All but acidic
Habitat: Dry Inland

Special features:

- Attracts –
 - Bees
- Bush Tucker Tree
- Cattle Grazing
- Drought Tolerant
- Fire Resistant